

# QUEEN CITY SWIM LEAGUE

## LEAGUE RULES

### *Insurance*

Each club is responsible for providing the Treasurer a current Certificate of Liability Insurance prior to the first meet. **NOTE: Each rep must check with the insurance agent to make certain that sporting events are included in their liability coverage!**

## I. GENERAL

### *A. Alcohol*

No alcoholic beverages shall be present in any of the swimming meet venues during the swimming meets. It shall be the responsibility of the Home Team Representative to ensure compliance by his/her members, within the parameters of the Home Club's Bylaws and Rules. It shall be the responsibility of the Visiting Team Representative to ensure compliance by his/her members.

## II. SWIMMER ELIGIBILITY AND AGE GROUPS

### *A. Age*

To be eligible for the current season, swimmers must be 18 years or younger on the May 31 that falls during, or immediately prior to the start of, the current season.

**An exception shall be permitted for a swimmer who is 19 years old on the May 31 that falls during, or immediately prior to the start of the current season, if the swimmer is a high school student.**

### *B. Club Membership*

Swimmers must be in good standing with their member clubs. This includes full paying annual membership families or in some cases, full paying summer membership families. It is the decision of the club to allow out-of-town swimmers staying with a family in that club to be a member of the team. **There will be no guards or coaches swimming on the team who have received a free membership as part of his/her employment. No bonus shall be given to any swimmer or family to offset the cost of dues.** Memberships under any circumstances other than those described above must be reviewed by the Executive Board prior to the start of the season (first meet) to confirm swimmer eligibility.

### *C. Age Groups*

The age level of each swimmer for the current season shall be determined by the swimmer's age on or before the May 31 that falls either during, or immediately prior to the start of, the current season. Each swimmer shall swim in his/her age level for the entire season. However, a swimmer may elect to swim in the next higher age group for the entire season. This choice must be made before the start of the season (first meet), must be indicated on the roster, and once made, may not be reversed at a later date.

**In cases in which a team has only one swimmer is listed in an age group, a team may designate that swimmer to be able to swim five individual events for the entire season, however this must be defined on the roster before the season begins. If a swimmer is listed as swimming five individual events the team must forfeit all relays for that particular age group for the entire season.**

Eligible 6 & Under swimmers may swim in 8 & Under events other than the 8 & Under 25M Freestyle without aging up for the season.

For competition events, age groups are defined as follows:

<i>AGE GROUP</i>	<i>DEFINITION</i>
6 & Under	Eligible swimmers who are six years old, or any age less than six years old, on the May 31 that falls during, or immediately prior to the start of, the current season.
8 & Under	Eligible swimmers who are eight years old, or any age less than eight years old, on the May 31 that falls during, or immediately prior to the start of, the current season.
10 & Under	Eligible swimmers who are ten years old, or any age less than ten years old, on the May 31 that falls during, or immediately prior to the start of, the current season.
9-10	Eligible swimmers who are nine years old or ten years old on the May 31 that falls during, or immediately prior to the start of, the current season.
11-12	Eligible swimmers who are eleven years old or twelve years old on the May 31 that falls during, or immediately prior to the start of, the current season.
13-14	Eligible swimmers who are thirteen years old or fourteen years old on the May 31 that falls during, or immediately prior to the start of, the current season.
15-18	Eligible swimmers who are fifteen years old, sixteen years old, seventeen years old, or eighteen years old on the May 31 that falls during, or immediately prior to the start of, the current season, or eligible swimmers who are more than eighteen years old and are either high school students, or high school graduates who have graduated from high school either during, or immediately prior to the start of the current season.

It is the responsibility of each team to understand the Event List and Event Names (Section III-A), and these Age Group Definitions to ensure swimmers are entered in events appropriately.

#### ***D. Team Rosters***

Each team must submit a complete team roster listing all swimmers with birth dates and age group for each swimmer (*as defined in Section II-C*) to the league committee one week prior to the first meet. **Additions and or changes to the team roster after the cut off date must be submitted by the team representative as an exception and approved by the Executive Committee prior to the participation of any swimmer in any meets.**

- **Each team is allowed to submit three (3) exceptions during the season. Exceptions are on a by swimmer basis.**
- **Shrimpers (6 and Unders) WILL NOT count in the 3 exceptions permitted. However they may only swim in Shrimper events unless used as an exception.**

#### ***E. All-Star Meet Eligibility***

For a swimmer to be eligible to swim in the All-Star Meet at the end of the current season that swimmer must have competed in at least **two (2)** dual meets during the current season. There are no events for 6 & Under swimmers in the All-Star meet, however, 6 & Under swimmers shall be eligible to swim 8 & Under events in the All-Star Meet, including the 8 & Under 25M Freestyle event without aging up for the entire season.

#### ***F. Event Eligibility***

For a given swim meet (including a dual meet or an All-Star meet), each eligible swimmer may enter a maximum of three individual events in his/her age group and a maximum of two relays in his/her age group. Listing a swimmer as an alternate in an event shall count as an entry in the event for the swimmer.

Entries of swimmers in meets must also comply with the rules for “Swimmer Entries” (Section V-F and VI-F).

#### ***G. Swimmers at Meet***

**Each team is allowed to enter a maximum of 100 swimmers per meet. This includes the Championship Meet.**

### **III. COMPETITION EVENTS**

**A. Events (Event Names) and Order of Events**

<b>A)</b> 6 & Under Girls 25M Freestyle							
<b>B)</b> 6 & Under Boys 25M Freestyle							
<b>1)</b> 8 & Under Girls 100M Medley Relay	<b>11)</b> 8 & Under Girls 25M Freestyle	<b>21)</b> 8 & Under Girls 25M Backstroke		<b>39)</b> 8 & Under Girls 25M Breaststroke	<b>49)</b> 8 & Under Girls 25M Butterfly	<b>59)</b> 8 & Under Girls 100M Freestyle Relay	
<b>2)</b> 8 & Under Boys 100M Medley Relay	<b>12)</b> 8 & Under Boys 25M Freestyle	<b>22)</b> 8 & Under Boys 25M Backstroke		<b>40)</b> 8 & Under Boys 25M Breaststroke	<b>50)</b> 8 & Under Boys 25M Butterfly	<b>60)</b> 8 & Under Boys 100M Freestyle Relay	
<b>3)</b> 9-10 Girls 100M Medley Relay	<b>13)</b> 9-10 Girls 25M Freestyle	<b>23)</b> 9-10 Girls 25M Backstroke	<b>31)</b> 10 & U Girls 100M Individual Medley	<b>41)</b> 9-10 Girls 25M Breaststroke	<b>51)</b> 9-10 Girls 25M Butterfly	<b>61)</b> 9-10 Girls 100M Freestyle Relay	
<b>4)</b> 9-10 Boys 100M Medley Relay	<b>14)</b> 9-10 Boys 25M Freestyle	<b>24)</b> 9-10 Boys 25M Backstroke	<b>32)</b> 10 & U Boys 100M Individual Medley	<b>42)</b> 9-10 Boys 25M Breaststroke	<b>52)</b> 9-10 Boys 25M Butterfly	<b>62)</b> 9-10 Boys 100M Freestyle Relay	
<b>5)</b> 11-12 Girls 200M Medley Relay	<b>15)</b> 11-12 Girls 50M Freestyle	<b>25)</b> 11-12 Girls 50M Backstroke	<b>33)</b> 11-12 Girls 100M Individual Medley	<b>43)</b> 11-12 Girls 50M Breaststroke	<b>53)</b> 11-12 Girls 50M Butterfly	<b>63)</b> 11-12 Girls 200M Freestyle Relay	
<b>6)</b> 11-12 Boys 200M Medley Relay	<b>16)</b> 11-12 Boys 50M Freestyle	<b>26)</b> 11-12 Boys 50M Backstroke	<b>34)</b> 11-12 Boys 100M Individual Medley	<b>44)</b> 11-12 Boys 50M Breaststroke	<b>54)</b> 11-12 Boys 50M Butterfly	<b>64)</b> 11-12 Boys 200M Freestyle Relay	
<b>7)</b> 13-14 Girls 200M Medley Relay	<b>17)</b> 13-14 Girls 50M Freestyle	<b>27)</b> 13-14 Girls 50M Backstroke	<b>35)</b> 13-14 Girls 100M Individual Medley	<b>45)</b> 13-14 Girls 50M Breaststroke	<b>55)</b> 13-14 Girls 50M Butterfly	<b>65)</b> 13-14 Girls 200M Freestyle Relay	
<b>8)</b> 13-14 Boys 200M Medley Relay	<b>18)</b> 13-14 Boys 50M Freestyle	<b>28)</b> 13-14 Boys 50M Backstroke	<b>36)</b> 13-14 Boys 100M Individual Medley	<b>46)</b> 13-14 Boys 50M Breaststroke	<b>56)</b> 13-14 Boys 50M Butterfly	<b>66)</b> 13-14 Boys 200M Freestyle Relay	
<b>9)</b> 15-18 Womens 200M Medley Relay	<b>19)</b> 15-18 Womens 50M Freestyle	<b>29)</b> 15-18 Womens 50M Backstroke	<b>37)</b> 15-18 Womens 100M Individual Medley	<b>47)</b> 15-18 Womens 50M Breaststroke	<b>57)</b> 15-18 Womens 50M Butterfly	<b>67)</b> 15-18 Womens 200M Freestyle Relay	
<b>10)</b> 15-18 Mens 200M Medley Relay	<b>20)</b> 15-18 Mens 50M Freestyle	<b>30)</b> 15-18 Mens 50M Backstroke	<b>38)</b> 15-18 Mens 100M Individual Medley	<b>48)</b> 15-18 Mens 50M Breaststroke	<b>58)</b> 15-18 Mens 50M Butterfly	<b>68)</b> 15-18 Mens 200M Freestyle Relay	

## IV. RULES OF COMPETITION

### A. *Governing Rules*

The Swim League generally uses *U.S. Swimming Rules* as guidelines to govern starts, strokes, kicks, turns and finishes, unless otherwise defined.

### B. *Meet Officials*

Directives to, judgments of and disqualifications of swimmers relating to starts, strokes, kicks, turns and finishes are the responsibility of the Meet Starter and the Meet Stroke & Turn Judges.

### C. *Starter*

The Starter shall be responsible for governing the start of all races in the meet. See also section VI-E for specific and additional definitions of Starter responsibilities.

### D. *Stroke & Turn Judge(s)*

Stroke & Turn Judges shall work in pairs (one Stroke & Turn Judge from each team, per pair) and shall disqualify swimmers when they see infractions to the rules relating to relay take-offs, strokes, kicks, turns and finishes. During dual meets one pair of Stroke & Turn Judges shall be stationed at each end of the pool, in a location with visibility of the pool and swimmers mutually agreed to by the pair, and they shall be responsible for relay take-offs, strokes, kicks, turns and finishes across the pool as far down the pool as they can see. Both Stroke & Turn Judges in the pair must see an infraction and must agree on the infraction. If both Stroke & Turn Judges in the pair do not see the infraction, or do not agree on the infraction, then there is no disqualification. During All-Star Meets there shall be four pairs of Stroke & Turn Judges, with one pair stationed at each corner, and they shall be responsible for relay take-offs, strokes, kicks, turns and finishes as far across and down the pool as they can see. See also section VI-E for specific and additional definitions of Stroke & Turn Judge Responsibilities.

Stroke & Turn Judges must complete a DQ Slip for any swimmer disqualification relating to relay take-off starts, strokes, kicks, turns and finishes. The DQ Slip must be signed by the Stroke & Turn Judges and must be legible in order to be valid. Stroke & Turn Judges may not inform swimmers directly of DQ.

Any questionable swimmer disqualifications should be appealed to, and resolved by the Team Representatives. If agreement cannot be reached, the disqualification will stand as written.

**E. Finish Judge(s)**

Finish Judges may be used if both teams agree before the meet to utilize them. Once the decision has been made for a particular meet, it may not be reversed during the meet.

Finish Judges shall work in pairs (one Finish Judge from each team for two pairs) and shall be the definitive decision on all heats. During meets each pair of Finish Judges will be placed at opposite ends of the finish end of the pool. As swimmers finish one of the pair calls out the lane in order of finish and the other writes it down on the finish sheet. If both pairs of Finish Judges agree on the finish order it is official regardless of swimmer times. In cases where the 2 pairs of judges do not agree on a certain place then times will be used to determine the place.

**F. Rules of Competition**

The following are rules which shall apply in competition, which may override or may be in addition to *U.S. Swimming Rules*:

<b>RULE</b>	<b>DEFINITION</b>	<b>OFFICIAL (ACTION)</b>
False Starts (Race Start)	No movement. Each Individual swimmer will be allowed one false start, but will be disqualified for a second false start in the same event.	<b>Starter</b> (Warn for first - DQ for second)
False Starts (Relay Take-Offs)	Feet/toes remain in contact with starting block until finishing swimmer touches wall.	<b>Stroke &amp; Turn Judges</b> (DQ)
Backstroke Race Starts	Toes must be below water line for backstroke starts.	<b>Starter</b> (Compliance prior to race start)
Backstroke Race Starts and Turns	After the race start or a turn, swimmer may kick under water on his or her back before surfacing, so long as the swimmer surfaces on his or her back prior to reaching the <b>approximate</b> midpoint of the pool.	<b>Stroke &amp; Turn Judges</b> (DQ)
Backstroke Turns	When entering a turn, a backstroke swimmer may <b>NOT</b> continue to kick into the wall prior to the turn after rolling from his or her back on to his or her front, after the completion of the allowed single arm pull.	<b>Stroke &amp; Turn Judges</b> (DQ)
"Shrimp" Assistance	No one other than the swimmers in a heat shall be in the water with the swimmers during the race. An exception will be made for the 6 & Under Freestyle event during the <b>FIRST MEET ONLY</b> .	<b>Starter</b> (Compliance prior to race start)/ <b>Stroke &amp; Turn Judges</b> (DQ violations after race start)
Swim Caps/ Swim Suits	No caps or suits visibly representing year-round or school swimming programs shall be worn while competing in meets. Caps should be plain or team. <b>Teams are required to wear their team suits. Exceptions must be approved by the team representative.</b>	<b>Starter</b> (Compliance prior to race start)

**G. 8 & Under Exception**

8 & Under swimmers will only be disqualified for stroke infractions during dual meets if those infractions are

**BLATANT.** **BLATANT** is defined as an obvious infraction in which a swimmer **gains an advantage**. However, it is the responsibility of the coaches to observe their swimmers' strokes, and to correct and teach their swimmers to swim the strokes correctly. Normally swimmers will be held to a higher standard in the Division All-Star Meets.

#### ***H. Special Exceptions***

It is the coach's responsibility to notify the opposing Team Representative prior to the meet of any swimmer who may be swimming with a disability that would otherwise cause that swimmer to be disqualified in an event

### **V. DUAL MEETS**

#### ***A. Schedule***

Each team will swim every other team in their division. Every effort will be made to schedule the same number of dual meets for all teams in the regardless of division. Every effort will be made to schedule the same number of home meets for each team in the and to schedule alternate home and away meets between teams from one season to the next. The Executive Board reserves the right to make exceptions to the preceding when scheduling as it deems necessary for administrative reasons. See attached "Meet Schedule" for current season schedule.

#### ***B. Start Times***

Evening meets shall start promptly at 6:00 p.m. with every reasonable effort being made to complete all meets within three (3) hours. Morning meets shall start promptly at 8:30 a.m with every reasonable effort being made to complete all meets within three (3) hours. Warm-ups will begin one-half hour prior to the scheduled meet time. Each team will get a fifteen (15) minute warm-up with the home team warming up first. The Executive Board may approve a different start time for an individual meet if the facility requests such a change, and it is acceptable to both team's representatives.

#### ***C. Facilities***

Club pools for dual meets shall have six lanes for competition. The Home Team entries shall be in the odd number lanes, the Away Team entries shall be in the even number lanes. In certain cases an exception will be made in five-lane pools. When swimming in a five-lane pool, heat sheets are to be prepared with only five swimmers in each heat. In this situation, Home Team entries shall be in the three odd number lanes and Away Team entries shall be in the two even number lanes. There may be two heats of the Individual Medley events in five-lane pools (Section VII-F).

All starts shall be at the deep end of the pool. (Minimum water depth of 4 feet)

In cases for the 8 Under and 9-10 Relays, the water depth must be at least 4 feet deep at both ends of the pool in order to utilize diving starts. In cases where the pool is less than 4 feet in depth in pool starts will be utilized.

For turns the water depth must be at a minimum of 3.5 feet deep otherwise open turns must be utilized.

It will be the decision of each individual host team whether or not to use starting blocks.

Pools shall have backstroke flags which must be fifteen (15) feet from each end of the pool.

Pool equipment such as lifeguard stands, diving areas and separate pools will be off limits to all swimmers during meets for safety purposes.

The home team shall designate areas for each team and for spectators. Coaches, swimmers and spectators shall not interfere with the meet officials and meet workers, nor the running of the meet.

#### ***D. Meet Materials***

It is the ultimate responsibility of each Team Representative to ensure that all materials required for the meet are provided in a timely fashion. See separate "Dual Meet Organization" document for guidelines.

#### ***E. Meet Documentation***

It is the ultimate responsibility of each Team Representative to ensure that all meet documents are completed correctly in a timely fashion as communicated here and requested by the. **For meets scheduled to start at 6:00PM, entries shall be prepared and delivered to the home pool by the visiting team no later than 24 hours prior to the meet.** For meets scheduled to start at 8:30AM, original entries shall be prepared and delivered to the home pool by the visiting team **no later than 24 hours prior to the meet.** Entries brought to the home team by visiting team are to be used as the originals. The home team will then add their swimmers to the meet entries. The visiting team should make copies for their use before delivering the originals. See separate "Dual Meet Organization" document for guidelines.

**Changes to the individual events shall not be permitted ½ hour prior to the start of the meet.** Changes made after the starting time (Relays) of the meet should be limited and approved by both team representatives. The Clerk of Course may make changes to the heat sheets so swimmers do not have to swim alone, or may combine heats so the meet runs faster.

The home team shall retain all meet documents for dual meets for a period of thirty days after the completion of the Division All-Star Meet, and shall make requested documents available to the opposing team or the in a timely fashion. **DUAL MEET RESULT SHEETS FOR THE ENTIRE SEASON SHOULD BE SUBMITTED, IN TOTAL, TO SPECIFIED BOARD MEMBER PRIOR TO THE FIRST ALL-STAR MEET.**



#### ***F. Swimmer Entries***

Teams are not limited in the number of eligible swimmers they may enter in each individual event, except the Individual Medley events, which are limited to one heat per event (five-lane pools may swim two heats of the Individual Medley events). No exhibition swimmers shall be allowed to swim in individual events. **There will be no aging up of swimmers in individual events, unless the swimmer has been “permanently” aged up for the entire season.**

Teams may enter only one relay team (“A” team) in each relay event. Upon agreement between Team Representatives, exhibition relays (“B” and/or “C” relays) may be entered in relay events. *Swimming exhibition relays is encouraged even though they do not score points.*

Two eligible Alternate Swimmers are allowed for each relay event, however, the eligible Alternate Swimmers must be listed as such on the heat sheets to be eligible to swim in the relay event. Listing a swimmer as an alternate for a relay counts as an entry (as defined in Section IV-F) for that swimmer.

If a team does not have four eligible swimmers in the designated age group to make a relay, that team may age up one, two, or three younger, eligible swimmer(s) to make a relay under the following conditions:

- **At least one of the relay swimmers are eligible swimmers in the designated age group.**
- **There are no other eligible swimmers in the designated age group (other than those entered in the relay) available to swim during the entirety of the meet.**
- **The eligible swimmer(s) who age up for a relay event are from the next lower age group. A Swimmer may only age up for two relays.**

**Aging up a swimmer in these conditions to swim a relay shall not count as an entry (as defined in Section II-F) for the aged up swimmer.**

Swimmer entries must also comply with the rules for swimmer eligibility in Section II & IV.

**If a team designates a swimmer eligible to swim 5 individual events at the beginning of the season, no relay may be entered in that age group for the entire season.**

#### ***G. Meet Officials and Workers***

It is the ultimate responsibility of each Team Representative to ensure that all volunteers for Meet Officials and Meet Workers required from his or her team are scheduled, assigned and present for the meet. All Meet Officials and Workers should meet ten minutes prior to the starting time of the meet. See separate “Dual Meet Organization” document for guidelines.

## ***H. Scoring***

INDIVIDUAL EVENTS: First Place – 5 points, Second Place – 3 points, ***Third Place – 2 points, Fourth Place – 1 point.***

RELAY EVENTS: First Place – 10 points, Second Place – 6 points

No points will be scored for the 6 & Under Freestyle Events.

If there is a tie for first place in an individual event, both swimmers receive four (4) points and there will be no 2<sup>nd</sup> place. If there is a tie for second place, both swimmers receive two and one-half (2.5) points and there will be no third place. If there is a tie for third place, both swimmers receive one and one-half (1.5) points. If there is a tie for fourth place, both swimmers will receive one-half (.5) point. (Total points for each individual event cannot exceed eleven (11) points). If there is a tie for first place in a relay event, both teams receive eight (8) points and there will be no 2<sup>nd</sup> place. (Total points for each relay event cannot exceed sixteen (16) points). In individual events, a swimmer may place from any heat. In timing all events, record times to the 100<sup>ths</sup> - do not round off (i.e. 18.68).

## ***I. Awards***

DUAL MEET RIBBONS: Ribbons shall be awarded in all individual events, **except 6 & Under Freestyle**, to the First Place through Fourth Place finishers. Ribbons shall be awarded in all relay events to the First Place finishers and the Second Place finishers. Additional ribbons shall be awarded as follows:

- Participation ribbons shall be awarded to all 6 & Under Freestyle swimmers upon completion of their race.

Trophies will be awarded for the top 3 finishing teams of the regular season.

## ***J. Postponed Meets***

All teams shall report for scheduled meets regardless of the weather. Normally, only thunder will cause the delay or postponement of a meet (rain alone is not sufficient cause to delay or postpone a meet), unless conditions are deemed unsafe. A meet delayed prior to the start due to weather shall be delayed for a **minimum of 45 minutes and a maximum of 1hr 30 minutes** prior to being called. The team representatives, with the assistance of the coaches, shall determine when the meet is to be rescheduled. Dual meets must be completed prior to the All-Star Meet. If a mutual date to make up the meet cannot be agreed to, the League President shall be called to make the decision. When a meet is postponed prior to the start, new heat sheets may be prepared for the rescheduled meet. It is the responsibility of the home team league representative to give all original heat sheets to the visiting team representative in the preparation of new heat sheets for the postponed meet.

If a meet has already begun and is interrupted by weather conditions, a maximum 30 minute delay is allowed before the meet is called. The team representatives, with the assistance of the coaches, shall determine if the meet is to be postponed to a later date, or called complete at the point of delay. If all events/heats through the IM have been completed prior to the delay, the meet shall be considered complete and it will not be scheduled for later completion. In this situation, the team with the most points at the time of delay shall be the winning team. Also, if either team elects to concede a meet in the case of a weather delay at any point in the meet, it may be considered completed and will not be rescheduled. However, one team must concede the meet (there must be a winning team and a losing team), and points must be submitted.

Any meets, which are started and then subsequently postponed due to weather, must be completed by the All-Star Meet on a date mutually agreed to by both Team Representatives. If a mutual date to complete the meet cannot be agreed to, the League President shall be called to make the decision. If a meet is postponed to a later date, it will be resumed at the later time at the point in the meet where the postponement took place. Events already completed will stand. New heat sheets may be prepared for the remaining events. It is the responsibility of the home team league representative to give all original heat sheets to the visiting team representative in the preparation of new heat sheets for the remainder of the rescheduled meet.

### ***K. Disputed Meets***

The Team Representatives should work out any disputes at the time of the dispute. If they are unable to resolve the issue(s), either or both Team Representative(s) may request a special meeting of the Executive Committee to review “written protests” of any disputed matters. The written protests should be sent to the President.

## **VI. ALL-STAR CHAMPIONSHIP MEETS**

### ***A. Schedule***

Each team will swim in a Division All-Star Championship Meet against all other teams in their division. The All-Star Championship Meet will be held after the completion of the dual meets. The Division All-Star Meets shall be scheduled by the Executive Board (See attached Meet Schedule for current season meet schedule).

### ***B. Facilities***

The All-Star Championship Meets will be held at a suitable facility as selected by the Executive Board.

Areas shall be designated for each team, as well as, for spectators. Coaches, swimmers and spectators shall not interfere with the meet officials and meet workers, nor the running of the meet.

### ***C. Meet Materials***

It is the ultimate responsibility of each Team Representative to ensure that all All-Star Meet materials are provided in a timely fashion as communicated here and requested by the . See separate “All-Star Meet Organization” document for additional details.

### ***D. Meet Documentation***

It is the ultimate responsibility of each Team Representative to ensure that all All-Star Meet documents are completed correctly in a timely fashion as communicated here and requested by the . See separate “All-Star Meet Organization” document for additional details.

Changes to All-Star Meet entries should be kept to a minimum, and made at least one-half hour prior to the start of the All-Star Meet.

The Clerk of Course may make changes to the heat sheets during the meet.

### ***E. Swimmer Eligibility***

See Section IV.

### ***F. Swimmer Entries***

In the Division All-Star Meets, each team is limited to two eligible swimmers in each individual event and one eligible relay team in each relay event.

Two eligible Alternate Swimmers are allowed for each event, however, the eligible Alternate Swimmers must be listed as such on the ***general entry sheets*** to be eligible to swim in ***any*** event. Listing a swimmer as an alternate for an event counts as an entry (as defined in Section IV-F) in that event for that swimmer.

**There will be no aging up of swimmers in individual events, unless the swimmer has been “permanently” aged up for the entire season.** If a team does not have four eligible swimmers in the designated age group to make a relay, that team may age up one, two, or three younger, eligible swimmer(s) to make a relay under the following conditions:

- **At least two of the relay swimmers are eligible swimmers in the designated age group.**
- **There are no other eligible swimmers in the designated age group (other than those entered in the relay) available to swim during the entirety of the meet.**
- **The eligible swimmer(s) who age up for a relay event are from the next lower age group. A Swimmer may only age up for two relays.**

**Aging up a swimmer in these conditions to swim a relay shall not count as an entry (as defined in Section II-F) in that event for the aged up swimmer.**

**There will be NO exhibition or 6 and Under (Shrimper) events in the ALL STAR meet.**

Swimmer entries must also comply with the rules for swimmer eligibility in Section II & IV.

### ***G. Meet Officials and Workers***

It is the ultimate responsibility of each Team Representative to ensure that all volunteers for Meet Officials and Meet Workers required from his or her team are scheduled, assigned and present for the meet. All Meet Officials and Workers should meet one-half hour prior to the starting time of the meet. See separate “All-Star Meet Organization” document for additional details.

### ***H. Scoring***

INDIVIDUAL EVENTS (First Place through Fourteenth Place): 17:15:14:12:11:10:9:8:7:6:5:4:3:2

RELAY EVENTS (First Place through Seventh Place): 34:30:28:24:22:20:18

If there is a tie, the tying teams will share the total points for the tied place, plus the points for the next place, equally, and no team will finish in the next place (i.e. a tie for first place in an individual event will result in both tying swimmers finishing first, and each swimmer shall receive  $(17 + 15)/2$  points = 16 points for each swimmer, and there will be no second place finisher in the event.

### ***I. Awards***

ALL-STAR MEET MEDALS AND RIBBONS: Medals shall be awarded in all individual events to the First Place through Third Place finishers. Ribbons shall be awarded in all individual events to the Fourth Place through Eighth Place finishers. Medals shall be awarded in all relay events to the First Place through Third Place finishers. Ribbons shall be awarded in all relay events to the Fourth Place through Eighth Place finishers.

A trophy will be awarded to the First – Seventh Place All-Star Meet finishers. This trophy is a permanent award specific to the current season All-Star Meet results and will stay with the awarded team.

Additional plaques will be awarded as well. These awards can change in accordance with the executive committee.

### ***J. Disputes***

The Team Representatives should work out any disputes during the All-Star Meet at the time of the dispute. If they are unable to resolve the issue(s), any Team Representative(s) of an affected team(s) may request a special meeting between the President and the affected Team Representative(s) to resolve the dispute during the All-Star Meet. Should any disputes pertaining to the All-Star Meet arise after the completion of the All-Star Meet, any affected Team Representative(s) may request a special meeting of the Executive

Committee to resolve “written protests” of the disputed matter. The written protest(s) should be sent to the President within 48 hours of the conclusion of the All-Star Meet.

## **VII. Executive Committee**

### ***A. Rule Infractions***

In the unfortunate event that a league rule has been compromised, the Executive Committee shall meet and determine an appropriate punishment. The punishment shall be communicated to the team representative, and is **FINAL**.

### ***B. 2009 Executive Committee***

**President – Pine Lake**

**Vice President – JCC**

**Treasurer – Windrow**

**Secretary – Painted Tree**